

# 2024 Fasting & Prayer Guide

Day 1	<b>A Hunger for God</b>	Blessed are those who hunger and thirst for righteousness, for they will be filled. Matthew 5:6
Day 2	<b>Purify My Heart</b>	Having purified your souls by your obedience to the truth for a sincere brotherly love, love one another earnestly from a pure heart, since you have been born again, not of perishable seed but of imperishable, through the living and abiding word of God. ( <a href="#">1 Pet 1:22-23</a> )
Day 3	<b>Transformed By God's Presence</b>	And we all, with unveiled face, <u>t</u> be holding <u>u</u> the glory of the Lord, <u>5</u> <u>v</u> are being transformed into the same image <u>w</u> from one degree of glory to another. <u>6</u> For this comes from the Lord who is the Spirit. 2 Corinthians 3:18
Day 4	<b>The Word Working In Our Hearts</b>	Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. ( <a href="#">Col 3:16</a> )
Day 5	<b>Filled With The Love Of Christ</b>	God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him. 10 This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. Dear friends, since God loved us that much, we surely ought to love each other. 1 John 4:9-11
Day 6	<b>Be Steadfast</b>	And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 1 Peter 5:7-10
Day 7	<b>Keep Growing</b>	And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. Philipians 1:6

Week Two		
Day 8	<b>Slowing Down</b>	Luke 10:38-42 38 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. 39 She had a sister called Mary, who sat at the Lord's feet listening to what he said. 40 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" 41 "Martha, Martha," the Lord answered, "you are worried and upset about many things, 42 but few things are needed- or indeed only one. Mary has chosen what is better, and it will not be taken away from her."
Day 9	<b>Physical and Mental Health</b>	Psalm 147:3 - He heals the brokenhearted and binds up their wounds. or James 5:15 - And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. or. "He gives strength to the weary and increases the power of the weak." ~ Isaiah 40:29
Day 10	<b>Marriages</b>	Ephesians 4:2-3 "Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace."
Day 11	<b>Schools</b>	Joshua 1:9 9 Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."
Day 12	<b>Peace through times of Loss</b>	Matthew 5:4 Blessed are those who mourn, for they will be comforted. or Revelation 21:4 4 'He will wipe every tear from their eyes. There will be no more death'[b] or mourning or crying or pain, for the old order of things has passed away."
Day 13	<b>Finances</b>	Matthew 6:21 For where your treasure is, there your heart will be also. or 25 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?"
Day 14	<b>Wayward Family members</b>	Luke 15: 3-7 3 Then Jesus told them this parable: 4 "Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? 5 And when he finds it, he joyfully puts it on his shoulders 6 and goes home. Then he calls his friends and neighbors together and says, 'Rejoice with me; I have found my lost sheep.' 7 I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.

Week Three		
Day 15	<b>Healthcare</b>	Blessed are those who have regard for the weak; The Lord delivers them in times of trouble. The Lord protects and preserves them— they are counted among the blessed in the land— he does not give them over to the desire of their foes. - Psalms 41 NIV
Day 16	<b>Employment</b>	For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope. [12] Then you will call upon me and come and pray to me, and I will hear you. Jeremiah 29:11-14
Day 17	<b>Childcare</b>	You shall love the Lord your God with all your heart and with all your soul and with all your might. 6 And these words that I command you today shall be on your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise Deuteronomy 6 5-7
Day 18	<b>Violence</b>	43 “You have heard that it was said, ‘Love your neighbor and hate your enemy.’ 44 But I tell you, love your enemies and pray for those who persecute you, 45 that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. 46 If you love those who love you, what reward will you get? Are not even the tax collectors doing that? 47 And if you greet only your own people, what are you doing more than others? Do not even pagans do that? 48 Be perfect, therefore, as your heavenly Father is perfect. - Matthew 5:43-48

Day 19	<b>Homelessness</b>	<p>Luke 10:30-37 Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. 31 A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. 32 So too, a Levite, when he came to the place and saw him, passed by on the other side. 33 But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. 34 He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. 35 The next day he took out two denarii[c] and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'</p> <p>36 "Which of these three do you think was a neighbor to the man who fell into the hands of robbers?"</p> <p>37 The expert in the law replied, "The one who had mercy on him."</p> <p>Jesus told him, "Go and do likewise."</p>
Day 20	<b>Food Security</b>	<p>4 Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness[d] be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. - Philippians 4:4-7</p>
Day 21	<b>Government</b>	<p>2 Timothy 1-2 "I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people — for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness."</p>